

# What is Operation Helping Hand?

Operation Helping Hand is funded through the State of New Jersey Office of Attorney General whereby law enforcement officers play an active role in connecting individuals suffering from opioid addiction with vital treatment, recovery and/or support services. A form of support service is the utilization of a recovery coach who is connected with an individual to assist the individual with linkage to detox, treatment, aftercare and reintegration into the community.

The grant affords counties flexibility in designing their own programs, to fit the needs and concerns in each region to include support and guidance for families.

Under the grant program, the Operation Helping Hand model may be adapted to meet each participating county's circumstances, but every participating county's program will involve coordination and collaboration between law enforcement officers, recovery specialists, and mental health professionals to connect individuals suffering from the disease of addiction treatment and/or recovery support services in the battle to save lives and end the heroin and opioid crisis.



## HOW WE CAN HELP:

- ◆ Link individuals to detox, treatment, aftercare, and reintegration into the community
- ◆ Assist with navigating community resources
- ◆ Assist individuals and families in need of guidance and support
- ◆ Provide 24/7 access to peer recovery coaches for community engagement
- ◆ Recovery planning

### **Who will I speak to when I call the recovery coach?**

You will speak to a trained recovery coach who uses their own personal experiences, as well as yours, to determine the best course of action for your individual situation. Coaches are available 24/7 for immediate help for anyone suffering from addiction as well as family members and friends for support.

## MORE ABOUT THE RECOVERY COACHES

A recovery coach is a person who uses his or her experiences of recovery from addiction, as well as skills learned in formal training, to deliver services in various settings to help others find and sustain recovery.

Recovery coaching focuses on achieving any goals important to the individual. Coaches work with individuals beyond recovery initiation through stabilization and into recovery maintenance. They function as a guide to help with decision

making and support steps toward recovery. Recovery coaches do not provide clinical services (primary treatment for addiction or diagnosis) and recognize that there are many pathways to recovery.



The collaboration between law enforcement officers, recovery specialists, and mental health/addiction professionals to connect individuals suffering from the disease of addiction to treatment and/or recovery support services in the battle to save lives and end the opioid crisis.

*“Take the first step into recovery today”*



For information on the program please contact the Hunterdon County Prosecutor’s Office at (908) 788-1129.



<https://safecoalition.org/>



<https://www.njoag.gov/programs/nj-cares/>



<https://njprevent.com/>