



Board of County Commissioners

County of Hunterdon
71 Main Street, Building #1
PO Box 2900
Flemington, NJ 08822-2900

MEDIA RELEASE

FOR IMMEDIATE RELEASE

DATE: March 8, 2021

Contact: J. Matt Holt, Commissioner

jmholt@co.hunterdon.nj.us

Rutgers Cooperative Extension of Hunterdon County Launches Spring Programming

The Rutgers Cooperative Extension of Hunterdon County (RCE HC), located at the Route 12 County Complex, has been providing online educational programming, including Facebook videos, webinars and social media posts on topics such as home gardening, support for the Agricultural community, youth leadership and development, healthy lifestyles, food safety, and other topics Hunterdon County Board of County Commissioners Matt Holt reported at a recent Commissioner Meeting.

Commissioner Holt, liaison to the Hunterdon County RCE said, "This group deserves publicity for what they do in the areas of agriculture and resource management, family and community health sciences, the Master gardener program and other activities.

Information and resources on issues such as home gardening, support for the Agricultural community, youth leadership and development, healthy lifestyles, and food safety, have been and continue to be offered. The dedicated personnel have provided a wonderful resource throughout the pandemic."

With Spring around the corner, several new RCE programs are set to launch. The Master Gardener Program (in a multi-county collaboration) is offering a 15-week series covers topics such as soils and fertilizers, plant insect and diseases, pruning, pesticide safety, composting and more, through Mid-May. Interested participants may reach out to magron@njaes.rutgers.edu for more information. (Note: there is a fee to participate in this series.)

Family and Community Health Sciences Educator and Department Head, Sandra Greci announced her New Year's Wellness Series, "Living Well: 10 Minute Tips to a Healthier You". The series of short Facebook videos are posted weekly and focus on simple tips to help consumers eat healthier, be more physically active, and sustain other healthy lifestyle behaviors and runs through the end of March.

Ms. Greci said, "Ms. Muehlbauer and I will be launching the 2021 Spring edition of their popular video series 'Farm to Fork in Hunterdon County'. The series features information about growing and preparing a variety of locally available produce. The new season is expected to kick-off in early April."



Board of County Commissioners

County of Hunterdon
71 Main Street, Building #1
PO Box 2900
Flemington, NJ 08822-2900

MEDIA RELEASE

Sherrie Peterson, 4-H Program Assistant, said, "The Hunterdon County 4-H Youth Development program is in full swing with member activities including virtual County Presentations, 4-H Foods Judging, Youth Council Workshops, and Horse Lover Events. New Jersey 4-H from Home is an online resource which offers interactive webinars and short-term STEP clubs for use by all NJ youth and their families."

For more information contact the 4-H From Home team at 4hFromHome@njaes.rutgers.edu.

For more information about Rutgers Cooperative Extension programs, visit their Facebook page <https://www.facebook.com/RCEofHunterdonCounty> or website <https://www.co.hunterdon.nj.us/rutgers.htm>.

You may also call 908-788-1338 for general information or 908-788-1341 for 4-H program information, weekdays, 8:30 to 4:30pm.