

# Improved Pregnancy Outcome Program



A Free program for pregnant women and their newborns

*Services available in English or Spanish*



*Hunterdon County  
Department of Health  
Division of Public Health Nursing & Education  
2019*

## Improved Pregnancy Outcome

The Improved Pregnancy Outcome (IPO) Program provides counseling, education and community resource referrals to at risk pregnant women who reside in Hunterdon County. The primary goal is to help ensure a healthy outcome for mother and child, by coordinating the delivery of essential prenatal care via case management.

### Services and Education:

- ◆ Assist women with prenatal care issues
- ◆ Referral for health coverage
- ◆ Assist with making specialty appointments
- ◆ Work as a liaison to medical providers
- ◆ Discuss normal pregnancy changes and warning signs
- ◆ Provide information on nutrition and normal weight gain
- ◆ Safety precautions in pregnancy
- ◆ Assistance preparing for motherhood
- ◆ Provide newborn care/parenting information
- ◆ Postpartum/newborn home visits
- ◆ Community resources referral

### Who is eligible:

- ◆ Must be Hunterdon County resident and
- ◆ Uninsured or under insured or
- ◆ High-risk pregnancy or
- ◆ Adolescent

## Special Note:

- ◆ All counseling and education services are completely confidential and FREE
- ◆ Services provided in the Public Health Nursing office, home or over telephone
- ◆ Services address individual's special needs
- ◆ Services available during pregnancy and until newborn is 3 months old

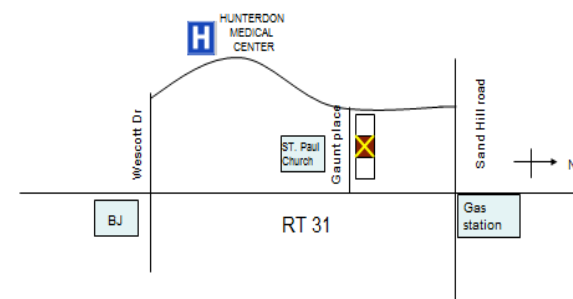


For more details please visit  
<http://www.co.hunterdon.nj.us/phn/IPO.html>

**To participate please contact  
Public Health Nursing**

**908-806-4570**

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