

Senior Health & Fitness Program Presents:

Topic: “The Five Pillars of Health”



Speaker: Dr. Tom Fallon, DC
Commerce Plaza
20 Commerce St Ste 1,
Flemington, NJ, 08822

Date: Thursday August 3, 2023

Time: 10:00am to 11:30am

Location: Hunterdon County
Senior Center
4 Gauntt Place (Room 5a/b)
Flemington, NJ

Registration is required. Seating is limited. No Charge

To register email your name, phone number, address, and email address to Eleanor Langeveld at: elangeveld@co.hunterdon.nj.us or call (908) 284-6128.

Sponsored by Hunterdon County Division of Senior Disabilities & Veteran Services, Senior Health and Fitness Program is for residents of Hunterdon County that are 60 years or older and enrolled members of the senior center.

This program is brought to you, at no cost, through funds from Title III, Older American's Act. Donations are appreciated.