



Hunterdon County Department of Health



www.co.hunterdon.nj.us/health.html

Public Health
Prevent. Promote. Protect.

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Health Officer/Director

2019 Novel Coronavirus (COVID-19): Information for Hunterdon County's Preschools and Daycare Centers March 9, 2020

The Hunterdon County Health Department and the Hunterdon County Office of Emergency Management, along with State and Federal partners continue to monitor the outbreak of Novel Coronavirus or COVID-19. The County is closely coordinating prevention and response efforts with representatives from every municipality in Hunterdon County, medical care providers, school districts and first responders. Daycare centers and Preschools play an important role by sharing information from reliable sources with the staff and families, and limiting the spread of illness within your school.

COVID-19 causes symptoms of fever, cough and shortness of breath. Although many people experience mild illness, the elderly and immunocompromised may develop severe illness or death. The virus is likely spread through the coughs and sneezes of those who are ill, similar to influenza and other respiratory viruses. It is important to know the risk to the general public is low, and it is not recommended to cancel school or social events at this time.

Staff, Parents, and students are encouraged to take every day practical actions to stay healthy from respiratory viruses, such as Influenza or COVID-19:

- Stay home if you are sick. This allows you to recover and protects others who may be immunocompromised from becoming ill. Staff and students should stay home whenever they are ill, particularly with fever and cough. The Health Department urges parents to review and comply with their school's sick exclusion policy: Students should be kept out of school until fever-free for 24-hours, without using fever-reducing medication.
- Wash your hands often with soap and water. Use an alcohol-based hand sanitizer of 60% if soap and water are not available,
- Avoid close contact with people who are sick,
- Clean and disinfect surfaces frequently,
- Review and follow CDC travel advisories when planning travel. CDC travel advisories are available <https://www.cdc.gov/coronavirus/2019-ncov/travelers/index.html>
- Stay up-to-date on COVID-19 from reliable sources. The New Jersey Department of Health's (NJDOH) Novel Coronavirus Call center is open 24/7 and available to the public by calling 1-800-222-1222.

The Health Department also wants to share some print resource options and videos you may find useful to share with your staff and families.

These items can be found by visiting:

Physical Address: 314 State Rt 12, County Complex, Bldg #1, 2nd Floor
Mailing Address: P.O. Box 2900, Flemington NJ 08822
Tel: (908) 788-1351 Fax: (908) 782-7510
Email: health@co.hunterdon.nj.us

New Jersey Department of Health COVID-19 Guidance for Child Care and K-12 Schools (3/4/20)
https://www.nj.gov/health/cd/documents/topics/NCOV/COVID19_schools_FINAL_3.4.20.pdf

Print resources for FAQ's, handouts and posters can be found on the CDC website here:
<https://www.cdc.gov/coronavirus/2019-ncov/communication/factsheets.html>

Videos:

What you need to know about handwashing video (CDC) -
<https://www.youtube.com/watch?v=d914EnpU4Fo>

Happy Handwashing Song video (CDC)
<https://www.youtube.com/watch?v=kHPQrYthn6M>

Child handwashing video (CDC)
<https://www.youtube.com/watch?v=qJG72sycQB8&feature=youtu.be>

Cover your coughs and sneezes video (CDC) -
<https://www.youtube.com/watch?v=mQINuSTP1jI>

General Handwashing how-to video (CDC) -
https://www.youtube.com/watch?time_continue=190&v=LWmok9avzr4&feature=emb_title

Please visit the following websites for situation updates:

Hunterdon County Health Department <http://www.co.hunterdon.nj.us/coronavirus.html>

New Jersey Department of Health <https://www.state.nj.us/health/cd/topics/ncov.shtml>

The Center for Disease Control <https://www.cdc.gov/coronavirus/2019-ncov/index.html>