



AGING & DISABILITY RESOURCE CONNECTION

Your Doorway to Information & Assistance

# Hunterdon County Division of Senior, Disabilities and Veterans Services

An Aging & Disability Resource Connection (ADRC)



Public Hearing  
May 17, 2019



# Mission Statement

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“To foster the independence and dignity of Hunterdon County veterans, individuals with disabilities and older adults.”

# Our Responsibilities

## **1. Develop and Implement the “Area Plan of Aging Services”**

- **Conduct a Needs Assessment**
- **Establish service priorities**
- **Develop a Request For Proposal process**
- **Review funding proposals**
- **Make funding recommendations to the Board of Chosen Freeholders**
- **Monitor programs and services**

## **2. Serve as the primary resource for aging, disability and veterans issues**

## **3. Provide care coordination for consumers who are disabled**

## **4. Provide Information and Assistance**

## **5. Manage Mr. Fix It Services**

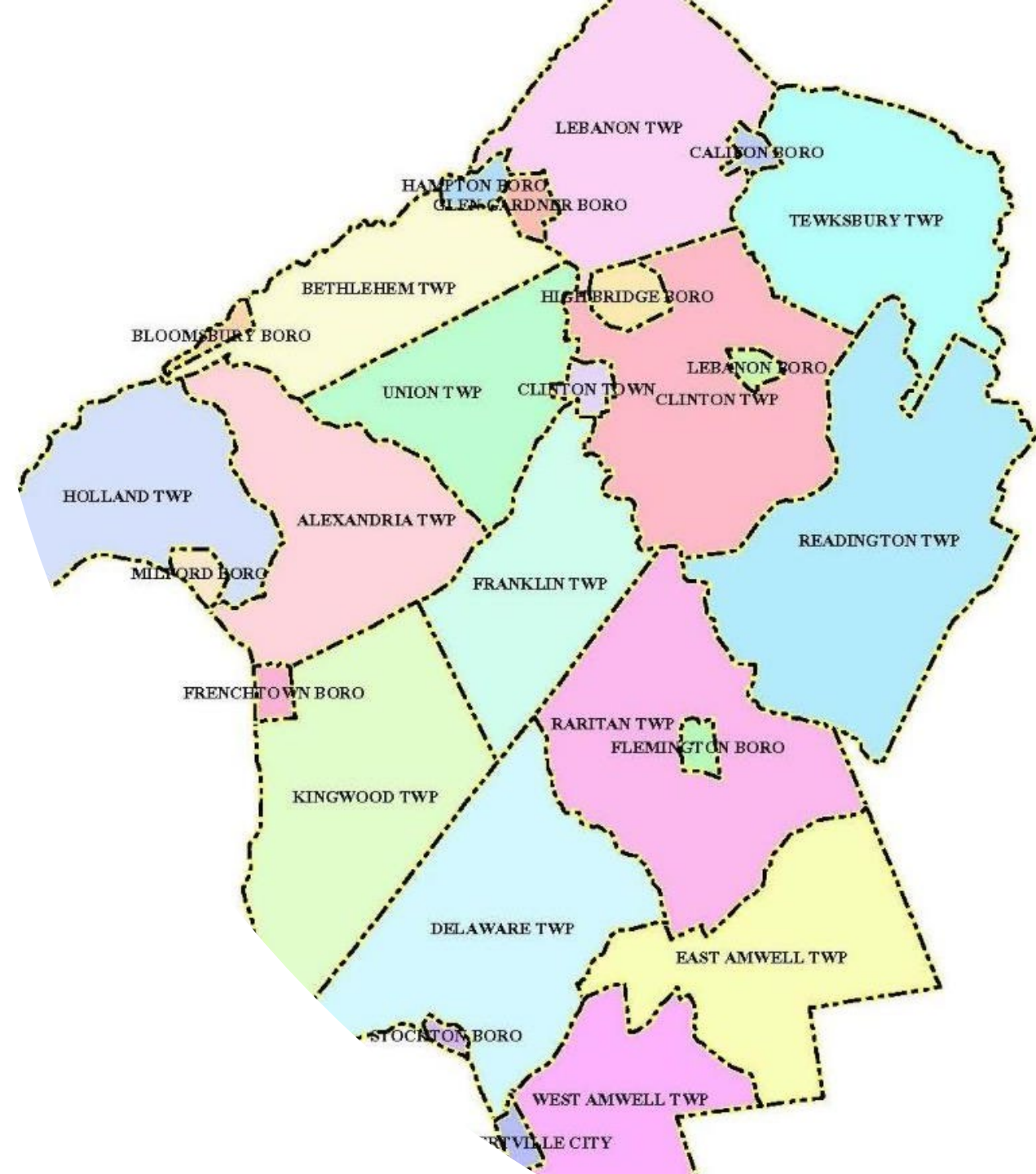
## **6. Provide programs through the Senior Center**



# Hunterdon County Demographics

**Total population: 125,059**

- 17% Seniors, age 65 and above
- 86% White Alone
- 3% Black Alone
- 4% Asian Alone
- 7 % Hispanic
- 6,054 Veterans
- 5.1% people with disabilities under age 65
- Median Household Income \$108,177
- 5% Living in poverty





# Aging in the United States

- At birth, we are generally born with 350 bones in our skeleton. As we grow and age, bones fuse together resulting in us having only 206 bones as adults.
- As we age, we generally have a very high interest in associating with friends and close family members.
- Exercise programs do produce improvements, even among 90-year old's.
- The stereotype of the depressed lonely old person is a pervasive one, but it is not supported by fact. In the absence of serious illness, older people report higher levels of happiness and life satisfaction than younger people.
- Older adults are able to handle social conflicts more effectively.
- Your vote counts. In the year 2016, 61% of citizens, age 65 and older cast ballots. As the ranks swell even more, older people will have a lot more clout in the years to come.
- Older adults are not as stressed as they used to be.
- Older adults like their jobs more than younger adults. 92% of workers, aged 50 or older, reported being very satisfied with their jobs.

# 2019 Needs Assessment & Senior Center Satisfaction Survey

## **Needs Assessment**

- Published in the Spring 2019 edition of the Seasoned Years, distributed at the Senior Center, Division of Social Services, by Meals on Wheels volunteers, and posted on the DSDVS website.
- Received 127 responses

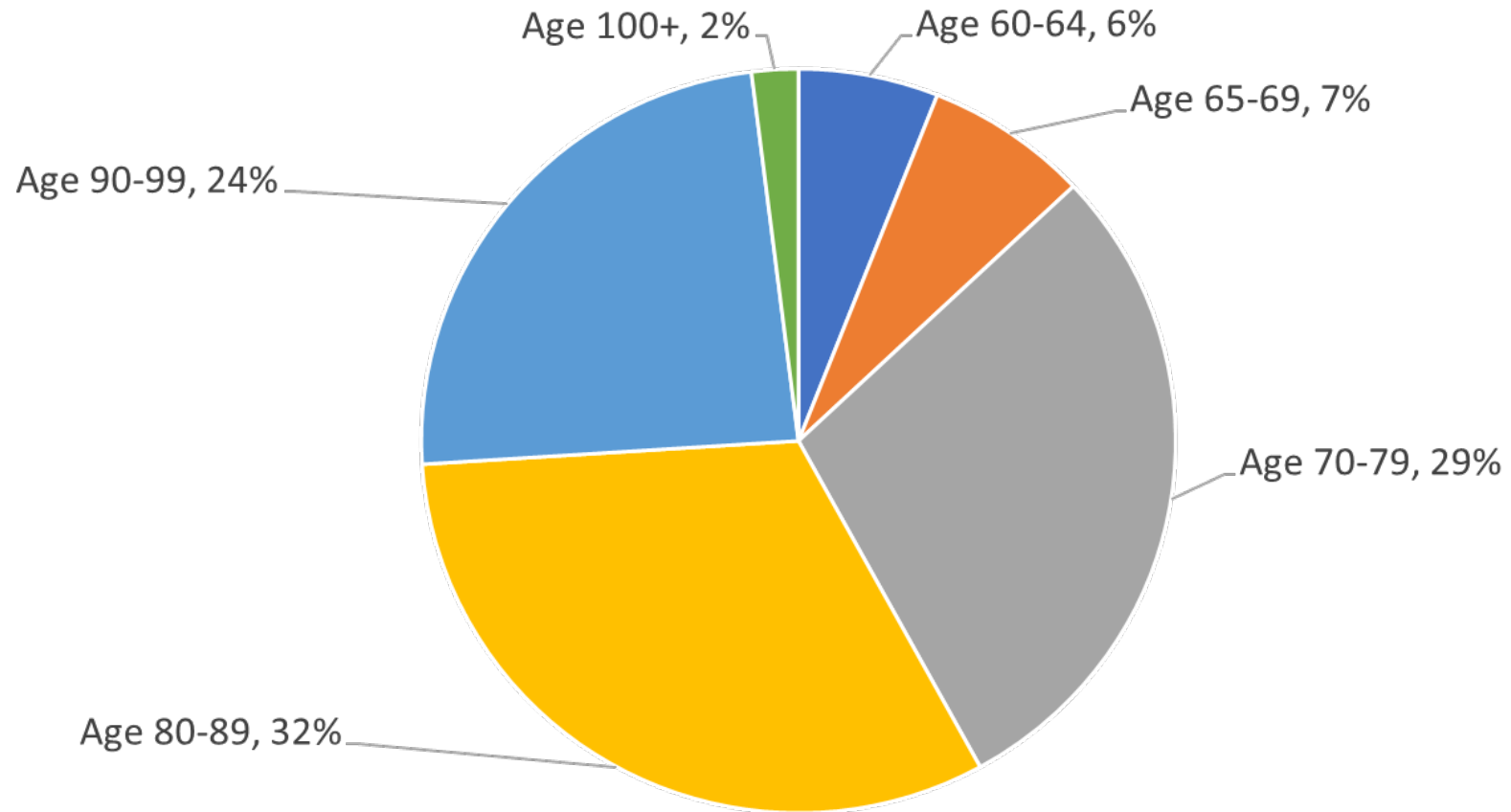
## **Senior Center Satisfaction Survey**

- Distributed at the Senior Center
- Received 54 responses



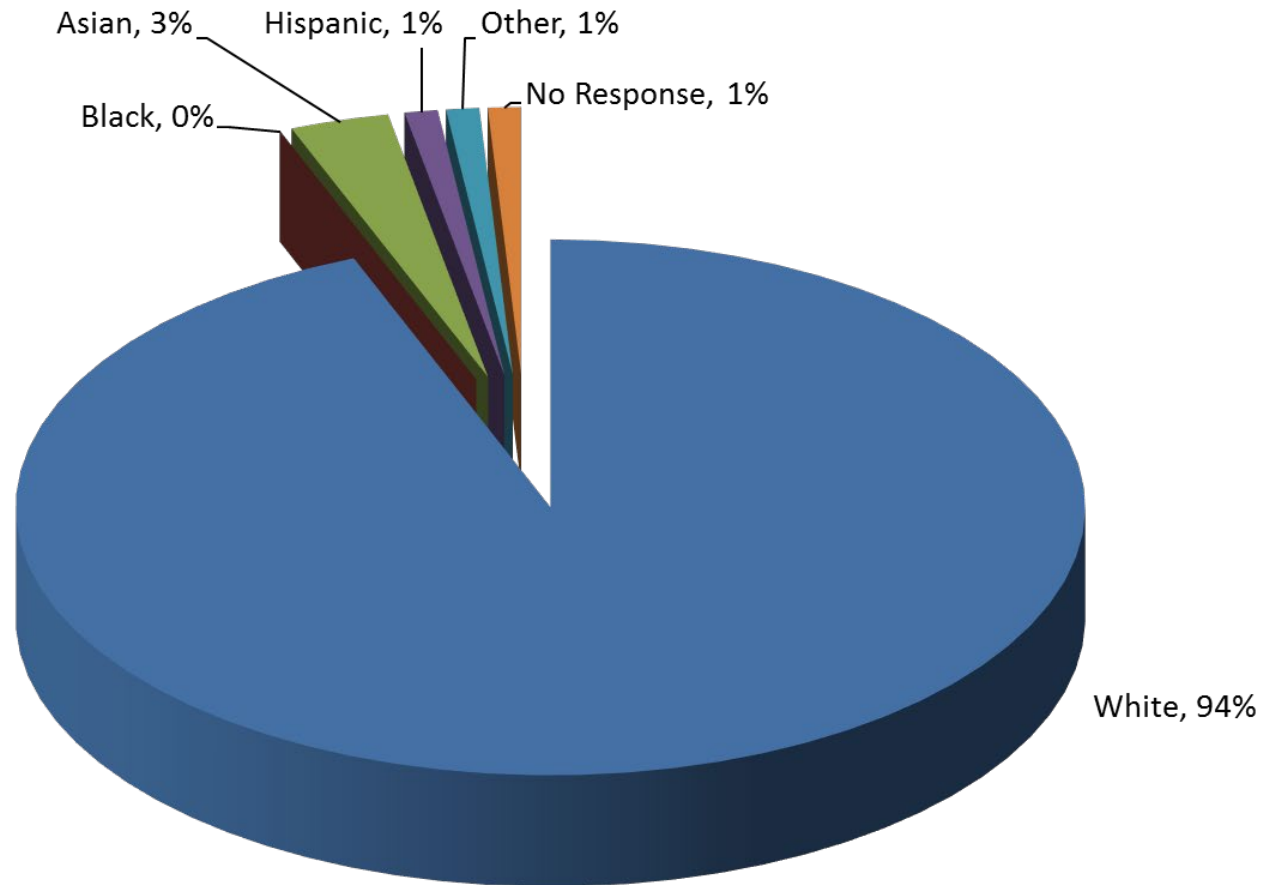
# Responses by Age

2019 Needs Assessment



# Responses by Race

2019 Needs Assessment



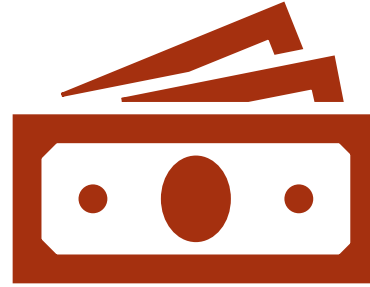


# Services Tax Dollars Should Support

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2019 Needs Assessment

1. Meals on Wheels
2. Senior Center
3. Home Health Aides
4. Exercise Programs
5. Transportation



# Comments

“All of the services are important; it is hard to pick just three.”

“Please send some funds to the Senior Center. It is very wonderful to be there, but it needs a facelift.”

“All of the programs should be supported.”

# Senior Center Satisfaction Survey Results

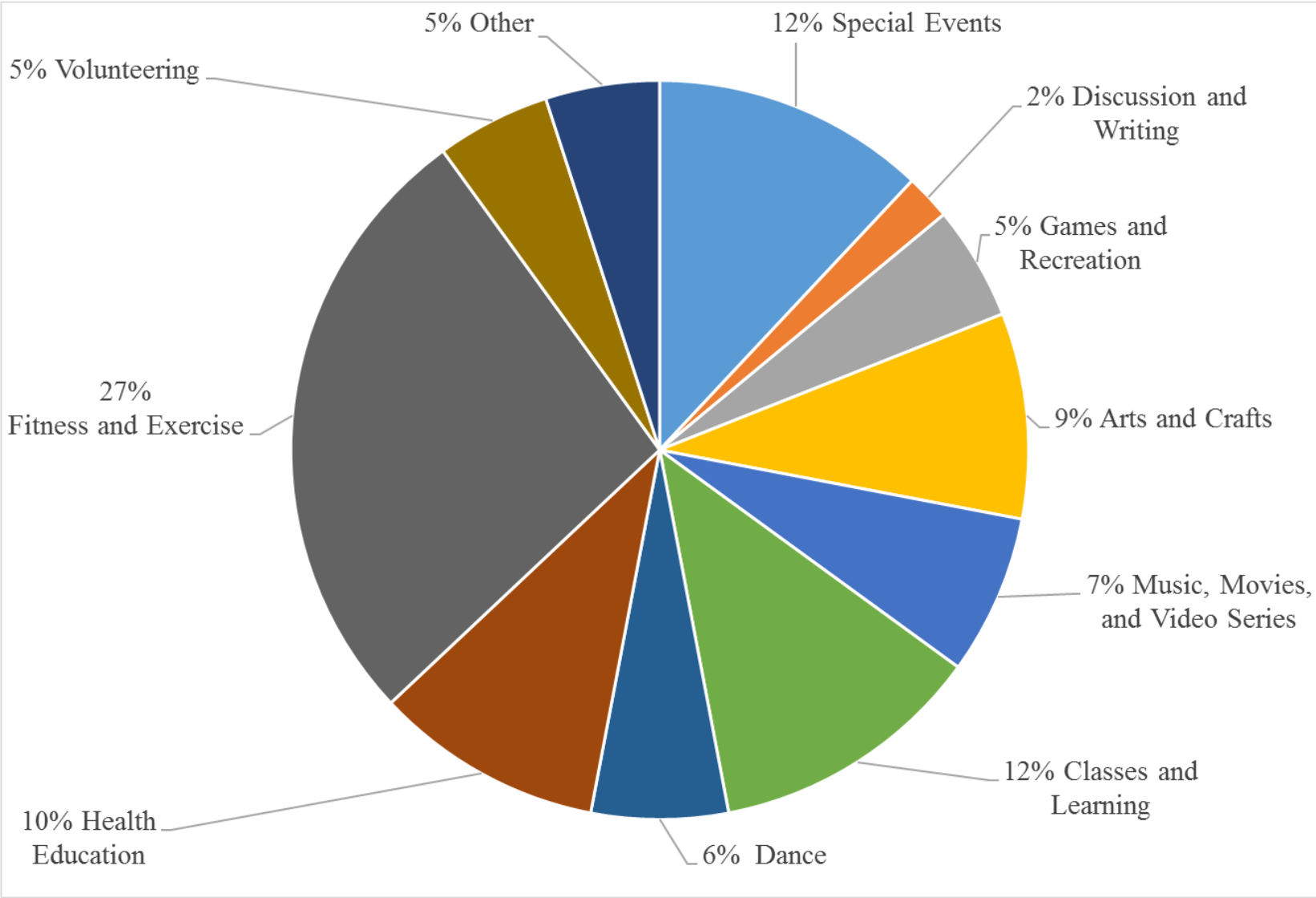
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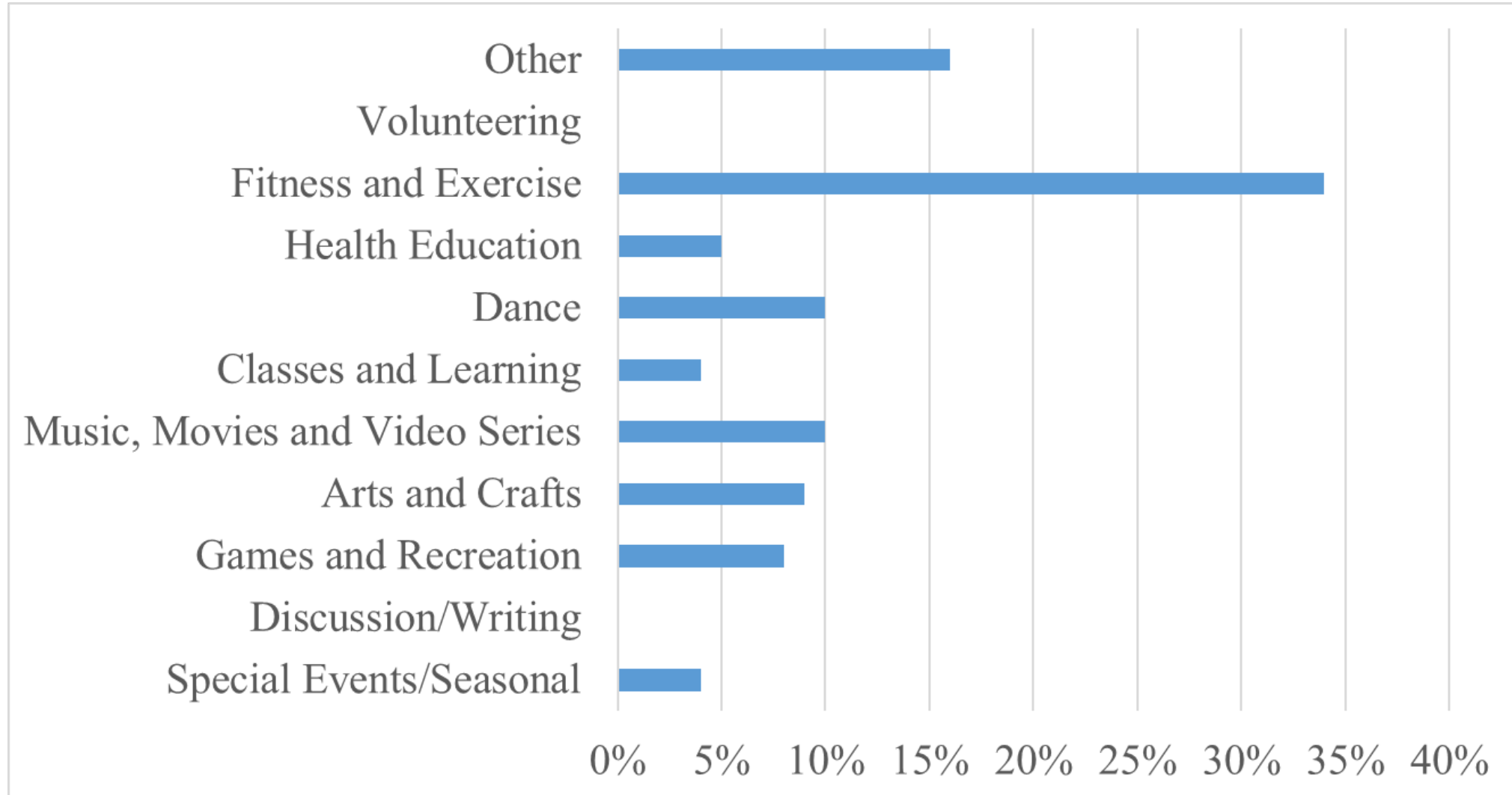
## Facts

- Between January 1 and April 30, there have been 105 new registered members.
- In 2017, 205 new seniors registered. In 2018, 231 new registrations were completed.

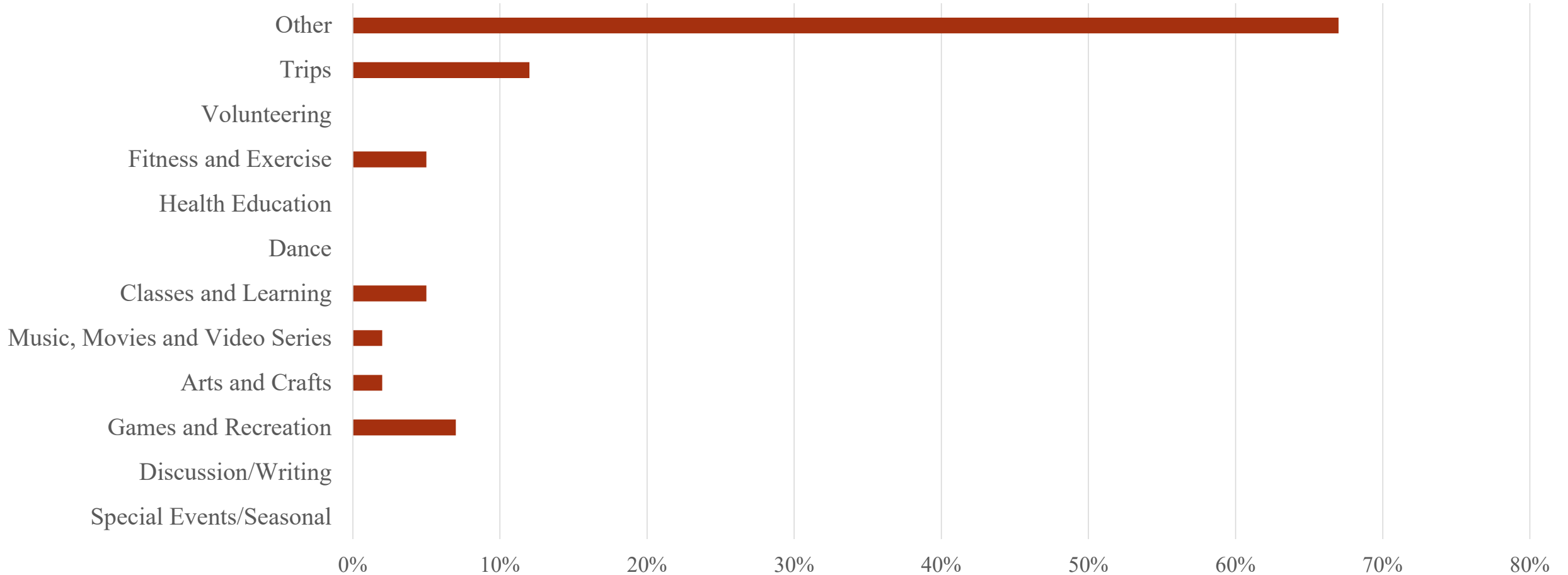
# Motivation for Attending



# Most Enjoyable Activities



# New Activities

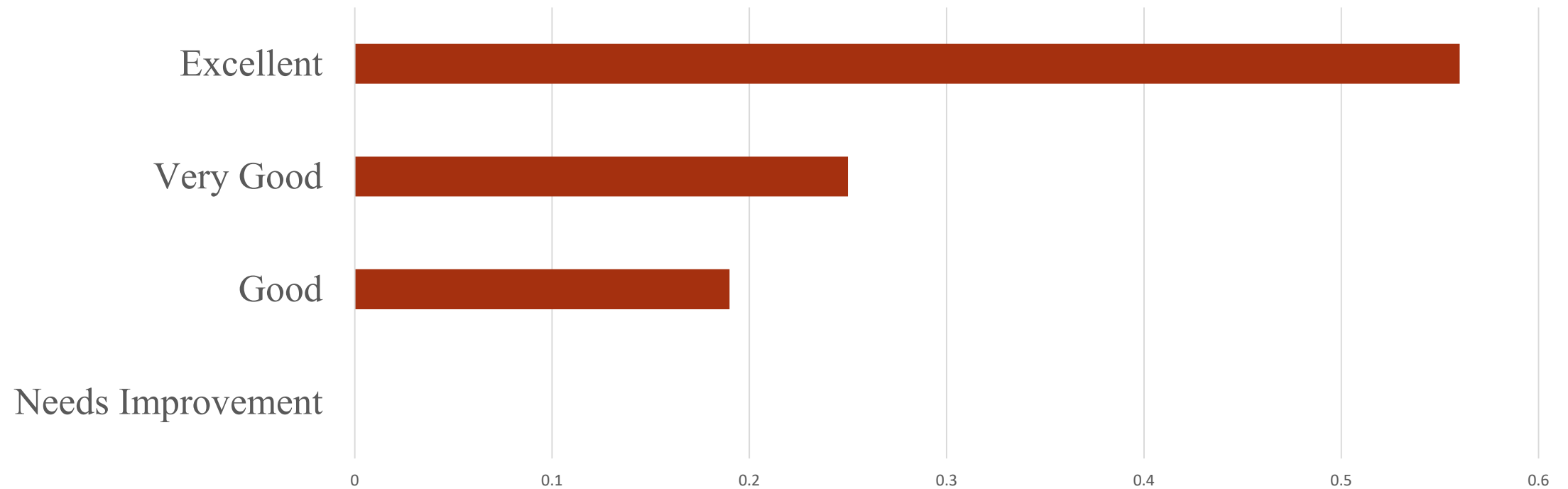


# New Activities Continued

- Sign Language Classes
- Lectures
- Spanish Classes
- Drum Circle
- Smart Device Learning, such as iPad
- Monopoly
- Beginner Guitar Classes
- Pool Table
- De-clutter Classes and Services
- Satellite Location in Whitehouse
- Nutrition

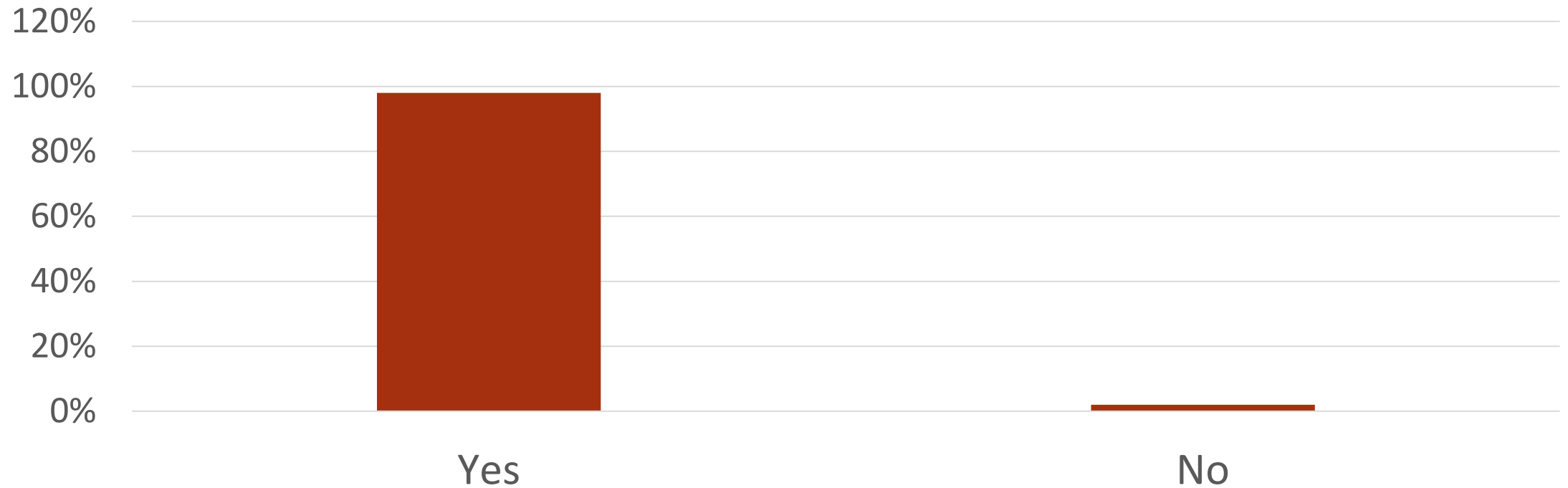


# Experience with Fee Based Instructors

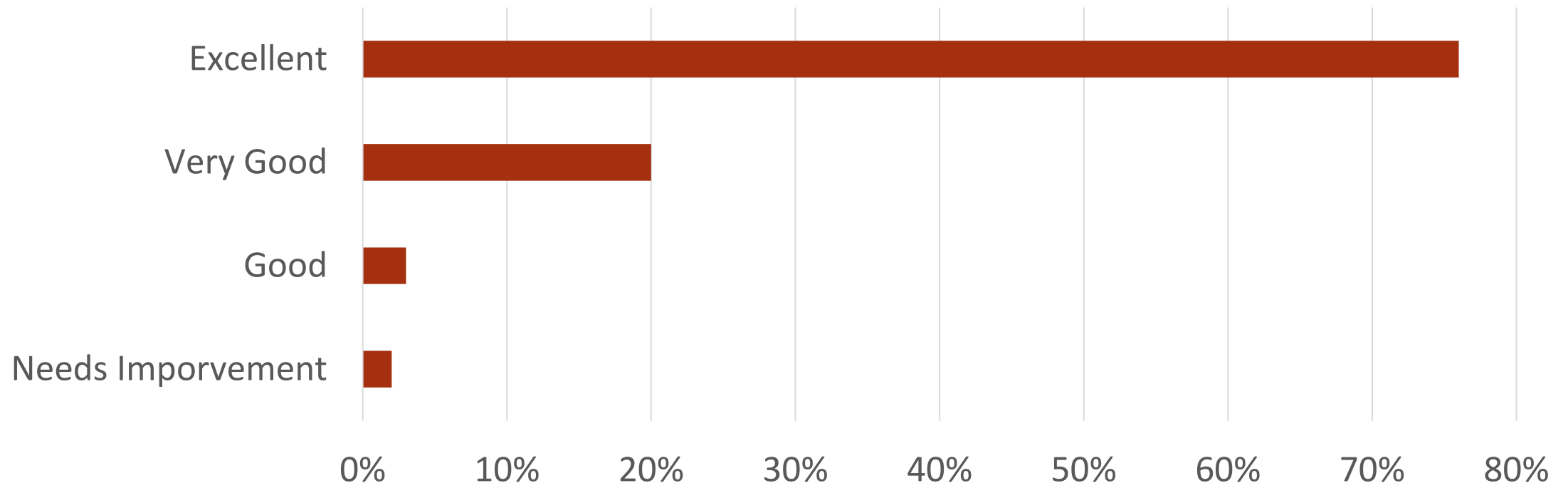




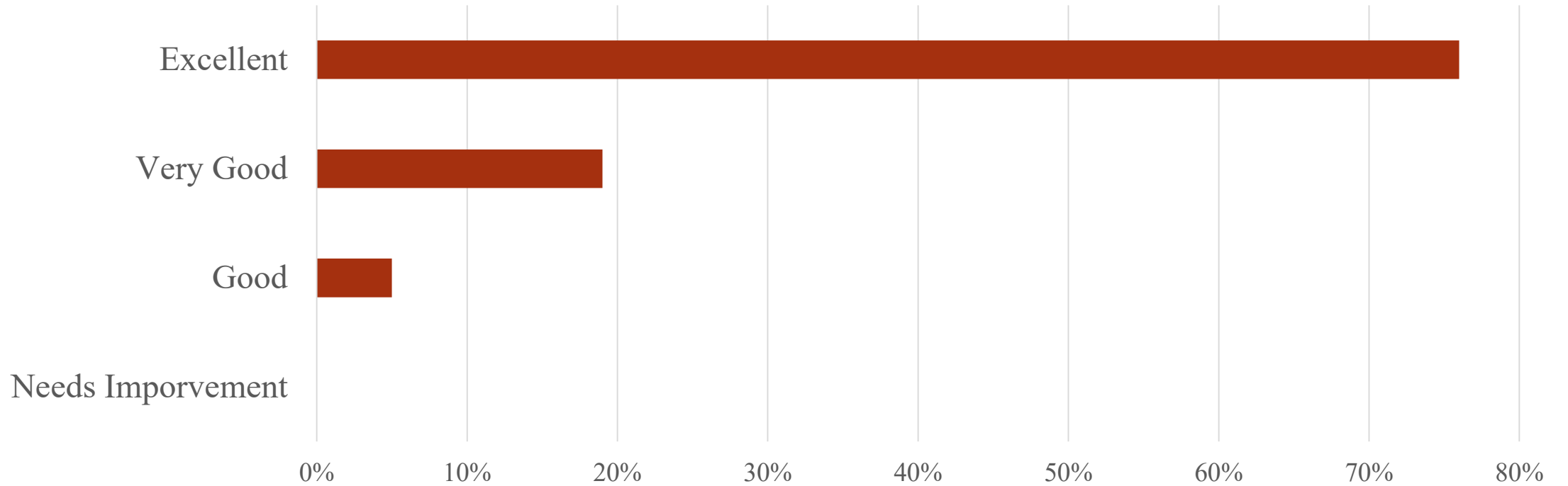
# Fee Based Classes a Good Value



# Rate Your Experience with Volunteer Instructors



# Rate Your Experience with the Staff



# Comments

“All classes should be free.”

“Many classes have reached their limits in the current facility.”

“Exercise classes should be spaced more evenly throughout the week. Too many are clustered in one day.”

“The Center has so many excellent programs, I want to try more in the future.”

“More free classes.”

“Eleanor manages such a large program, she needs an assistant.”

“Exercise classes are too expensive when both husband and wife want to take them.”

“We would like free yoga and tai-chi classes in the Clinton area.”

“I would like to see all of the fitness programs be free.”

“Larger screen for viewing video series.”

“Great selection of programs.”

“Trips out of NJ to NYC or Philadelphia.”

“Trip to Princeton Museum with lunch arranged and docent tour.”

“Why is there no Women’s Fitness Class?”

“More room is needed for the Gentle Exercise Classes. Participants are squeezed together and cannot move freely.”

“Many seniors still work, please add evening classes.”

Thank you for attending the Public Hearing.

We are grateful for your responses to our surveys and we welcome your suggestions.

