

# GIVE YOURSELF AN EARLY HOLIDAY GIFT— GET VACCINATED!

Now that H1N1 flu shots are available to the general public, the Hunterdon County Department of Health is sponsoring H1N1 Mondays! Beginning December 28, the county health department is offering free H1N1 flu shots to all residents 10 years of age and older.

## **H1N1 MONDAYS—FREE FLU SHOTS AT HEALTH DEPARTMENT**

Monday	DECEMBER 28	1PM-4PM
Monday	JANUARY 4	10AM-1PM
Monday	JANUARY 11	10 AM-1PM

Pre-Register at [www.co.hunterdon.nj.us/health.htm](http://www.co.hunterdon.nj.us/health.htm)

Or at

H1N1 Call Center — 908-237-7150

### **Why get an H1N1 flu shot?**

- N.J. continues to have widespread disease.
- Virtually all influenza at this time is H1N1.
- Seasonal flu season is only now starting.
- H1N1 has infected 50 million people in the U.S., about 15% of the population.
- H1N1 has killed an estimated 10,000 since start of pandemic.
- More than 1,000 deaths were children; 90% were people younger than 65.
- Average age of death in N.J. is 39

Will there be a 3rd wave? Some experts say yes. Some think not. But all agree that more than half the U.S. population is still susceptible to the disease and that the possibility of a significant mutation, or change, in the virus is still possible.

**Begin the New Year with the protection that only a vaccination can offer.**

